

Objective 21: Reduce Chlamydia Infections

Maryland SHIP Vision Area 4: Infectious Disease
Tools, Resources, and Promising Practices
updated February 2012

Tool Intended Audience

[General Public](#)

[Clinicians](#)

[Planners](#)



Communicating

[Talking with your Doctor about Sexual Health](#)

Provides tips to discuss sexual health concerns with your health care provider.



[Talking with your Kids about Sexual Health](#)

Provides resources for parents to communicate with children about sexual activity, sexuality, and healthy relationships. Includes answers to parents' common questions.



Information, Facts, and Figures

[CDC Fact Sheet](#)

CDC fact sheet on the prevalence, education and transmission of Chlamydia.



[Condom Use](#)

Links visitors to information about condom use to prevent the spread of sexually transmitted infections.



[Kaiser Family Foundation—Sexual Health](#)

Links to the Kaiser Family Foundation on teenage sex practices, teenage pregnancy and facts regarding STDs.



[National Chlamydia Coalition](#)

Provides information and resources to prevent and treat chlamydia, especially among women aged 25 and younger.



[Sexual Health Education Programs](#)

Includes information and resources for effective sex education among youth.



[US Prevention Services Task Force Recommendations](#)

Links to the US Preventive Services Task Force recommendations on screening for chlamydia infections.



Promising Practices

[Expedited Partner Therapy](#)

EPT is a practice in which a practitioner treats the sex partners of patients with STDs without first doing a medical evaluation. The practitioner gives the patient the treatment to deliver to his/her sex partners (also referred to as “patient-delivered partner therapy”).



[Minnesota Testing Program](#)

This plan targeted health care centers serving high-risk populations to pay for lab tests and screening.



[Sistering, Informing, Healing, Living, Empowering \(SiHLE\)](#)

A skills training intervention to reduce risky sex behavior among African American adolescent females. Involves small group discussions, role-plays, and cognitive rehearsals to build confidence in initiating safe-sex conversations, negotiating for safer sex, and refusing unsafe sex encounters. It also teaches condom-use skills and the importance of healthy relationships.



[Get Yourself Tested Campaign](#)

Provides information to increase public awareness of sexually transmitted diseases and prevention.

